

Conditioning and Fitness Concepts IV - PE211

Section: PE211 081252S Main Campus

Credit Hours: 1.00

Course Description: Continuation of PE210. Advanced instruction and practice in physical fitness, body mechanics, weight training and lifetime wellness.

Section Notes: For men's baseball team only.

WHEN Start Date: 01/12/2026 End Date: 05/06/2026

Days:

MW

4:00 PM - 5:00 PM

Campus: Main Campus

Building: Sports Arena

Room: SA118

INSTRUCTOR

CHANDLER BLOOMER

BOOKS

No textbooks for this course.