Aerobic Fitness IV - PE189

Section: PE189 011261S Main Campus
Credit Hours: 1.00
Course Description: Continuation of PE188 Aerobic Fitness III. Further study in aerobic fitness with an emphasis on developing and instructing aerobic fitness routines.
WHEN Start Date: 08/21/2026 End Date: 12/07/2026
Days:
MF
Arranged

Campus: Main Campus
Building: Sports Arena
Room: SA128

INSTRUCTOR
SAMANTHA BELL
BOOKS
No textbooks for this course.