

## Exercise Physiology - PE185

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**Section:** PE185 816252S Online

**Credit Hours:** 3.00

**Course Description:** Physiological functions of the human body during physical activity including cardiovascular, respiratory, muscular, and neurological control of movement, ergogenic aids and performance, nutrition, control and maintenance of body weight, gender differences and cardiovascular disease.

**Course Notes:** BI103 Human Anatomy and Physiology recommended.

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**WHEN** Start Date: 02/09/2026 End Date: 05/07/2026

**Days:**

Arranged

Arranged

### **INSTRUCTOR**

THAYNE EDIGER

### **BOOKS**

Title: PHYSIOLOGY OF SPORT AND EXERCISE 6TH 2015 Edition

Author: KENNEY/ WILMORE/ COS

Required: Yes