

Exercise Physiology - PE185

Section: PE185 816252S Online

Credit Hours: 3.00

Course Description: Physiological functions of the human body during physical activity including cardiovascular, respiratory, muscular, and neurological control of movement, ergogenic aids and performance, nutrition, control and maintenance of body weight, gender differences and cardiovascular disease.

Course Notes: BI103 Human Anatomy and Physiology recommended.

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WHEN Start Date: 02/09/2026 End Date: 05/07/2026

Days:

Arranged

Arranged

INSTRUCTOR

THAYNE EDIGER

BOOKS

Title: PHYSIOLOGY OF SPORT AND EXERCISE 6TH 2015 Edition

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Required: Yes