Exercise Physiology - PE185

Section: PE185 816242S Online

Section Type: Lecture **Credit Hours:** 3.00

Course Description: Physiological functions of the human body during physical activity including

cardiovascular, respiratory, muscular, and neurological control of movement, ergogenic aids and performance,

nutrition, control and maintenance of body weight, gender differences and cardiovascular disease.

Course Notes: BI103 Human Anatomy and Physiology recommended. **Section Notes:** BI103 Human Anatomy and Physiology recommended.

WHEN

Days: Arranged Times: Arranged Start Date: 02/10/2025 End Date: 05/08/2025

WHERE Online

INSTRUCTOR THAYNE EDIGER

BOOKS

Title: PHYSIOLOGY OF SPORT AND EXERCISE 6TH 2015 Edition

Author: KENNEY/ WILMORE/ COS

Required: Yes