

Exercise Physiology - PE185

Section: PE185 816242S Online

Section Type: Lecture

Credit Hours: 3.00

Course Description: Physiological functions of the human body during physical activity including cardiovascular, respiratory, muscular, and neurological control of movement, ergogenic aids and performance, nutrition, control and maintenance of body weight, gender differences and cardiovascular disease.

Course Notes: BI103 Human Anatomy and Physiology recommended.

Section Notes: BI103 Human Anatomy and Physiology recommended.

WHEN

Days: Arranged

Times: Arranged

Start Date: 02/10/2025

End Date: 05/08/2025

WHERE

Online

INSTRUCTOR

THAYNE EDIGER

BOOKS

Title: PHYSIOLOGY OF SPORT AND EXERCISE 6TH 2015 Edition

Author: KENNEY/ WILMORE/ COS

Required: Yes