

Conditioning & Fitness Concepts II - PE127

Section: PE127 009253S Main Campus

Credit Hours: 1.00

Course Description: Continuation of PE126. Fundamental instruction and practice in physical fitness, body mechanics, weight training and lifetime wellness.

Section Notes: Football team only.

WHEN Start Date: 07/15/2026 End Date: 07/30/2026

Days:

MTWRF

7:00 AM - 8:20 AM

Campus: Main Campus

Building: Science Hall

Room: SH101

INSTRUCTOR

DREW DALLAS

BOOKS

No textbooks for this course.