

## Conditioning and Fitness Concepts II - PE127

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**Section:** PE127 009243S Main Campus

**Section Type:** Lecture

**Credit Hours:** 1.00

**Course Description:** Continuation of PE126. Fundamental instruction and practice in physical fitness, body mechanics, weight training and lifetime wellness.

**Section Notes:** Football team only

**WHEN**

Days: MTWRF

Times: 07:00 AM - 08:20 AM

Start Date: 07/16/2025

End Date: 07/31/2025

**WHERE**

Campus: Main Campus

Building: Science Hall

Room: SH101

**INSTRUCTOR**

DREW DALLAS

**BOOKS**

No textbooks for this course.