

## Conditioning & Fitness Concepts II - PE127

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**Section:** PE127 002252S Main Campus

**Credit Hours:** 1.00

**Course Description:** Continuation of PE126. Fundamental instruction and practice in physical fitness, body mechanics, weight training and lifetime wellness.

**Section Notes:** For men's basketball team only.

**WHEN** Start Date: 01/13/2026 End Date: 05/07/2026

**Days:**

TR

3:00 PM - 4:00 PM

Campus: Main Campus

Building: Sports Arena

Room: SA118

**INSTRUCTOR**

KYLE FISHER

**BOOKS**

No textbooks for this course.