Conditioning and Fitness Concepts I - PE126

Section: PE126 010193S Online

Section Type: Lecture **Credit Hours:** 1.00

Course Description: Introduction to physical activities and concepts to enable students to make intelligent

decisions leading to healthy life styles. **Section Notes:** For football team only.

WHEN

Days: Arranged Times: Arranged Start Date: 06/01/2020 End Date: 06/25/2020

WHERE Online

INSTRUCTOR DREW DALLAS

BOOKS

No textbooks for this course.