Conditioning and Fitness Concepts I - PE126

Section: PE126 002193S Main Campus
Section Type: Lecture
Credit Hours: 1.00
Course Description: Introduction to physical activities and concepts to enable students to make intelligent decisions leading to healthy life styles.
Section Notes: For football team only.
WHEN
Days: MTWRF
Times: 07:00 AM - 08:20 AM
Start Date: 07/15/2020
End Date: 07/29/2020
WHERE
Campus: Main Campus
Building: Sports Arena
Room: SAMGYM
INSTRUCTOR
PHIL SERCHIA
BOOKS
No textbooks for this course.