Personal and Community Health - PE105

Section: PE105 816261S Online
Credit Hours: 3.00
Course Description: Knowledge of body functions, body care, diseases and their prevention and body abuse.
WHEN Start Date: 09/08/2026 End Date: 12/10/2026
Days:
Arranged
Arranged

INSTRUCTOR
THAYNE EDIGER
BOOKS
Title: (CU) PRINCIPLES AND LABS FOR FITNESS & W 17 Edition
Author: HOEGER AND METEER
Required: Yes