

Personal and Community Health - PE105

Section: PE105 816261S Online

Credit Hours: 3.00

Course Description: Knowledge of body functions, body care, diseases and their prevention and body abuse.

WHEN Start Date: 09/08/2026 End Date: 12/10/2026

Days:

Arranged

Arranged

INSTRUCTOR

THAYNE EDIGER

BOOKS

Title: (CU) PRINCIPLES AND LABS FOR FITNESS & W 17 Edition

Author: HOEGER AND METEER

Required: Yes