

## Personal and Community Health - PE105

---

**Section:** PE105 021252S Main Campus

**Credit Hours:** 3.00

**Course Description:** Knowledge of body functions, body care, diseases and their prevention and body abuse.

**WHEN** Start Date: 01/12/2026 End Date: 05/06/2026

**Days:**

MWF

11:30 AM - 12:30 PM

Campus: Main Campus

Building: Science Hall

Room: SH125

### **INSTRUCTOR**

THAYNE EDIGER

### **BOOKS**

Title: UNDERSTANDING YOUR HEALTH 12TH Edition

Author: WAYNE PAYNE

Required: Yes