

## Personal and Community Health - PE105

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**Section:** PE105 011252S Main Campus

**Section Type:** Lecture

**Credit Hours:** 3.00

**Course Description:** Knowledge of body functions, body care, diseases and their prevention and body abuse.

**WHEN** Start Date: 01/12/2026 End Date: 05/06/2026

**Days:**

MWF

10:20 AM - 11:20 AM

Campus: Main Campus

Building: Science Hall

Room: SH125

### **INSTRUCTOR**

THAYNE EDIGER

### **BOOKS**

Title: UNDERSTANDING YOUR HEALTH 12TH Edition

Author: WAYNE PAYNE

Required: Yes