

## Theory of Track - PE104

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**Section:** PE104 836251S Online

**Section Type:** Lecture

**Credit Hours:** 2.00

**Course Description:** Techniques and coaching procedures, organization and promotion, international aspects and physical fitness.

**WHEN** Start Date: 11/24/2025 End Date: 12/19/2025

**Days:**

Arranged

Arranged

### **INSTRUCTOR**

ROBERT SPIES

### **BOOKS**

Title: FUNDAMENTALS OF TRACK AND FIELD 2ND Edition

Author: CARR, GERRY

Required: Yes