Theory of Track - PE104

Section: PE104 836251S Online

Section Type: Lecture **Credit Hours:** 2.00

Course Description: Techniques and coaching procedures, organization and promotion, international aspects

and physical fitness.

WHEN

Days: Arranged Times: Arranged Start Date: 11/24/2025 End Date: 12/19/2025

WHERE Online

INSTRUCTOR ROBERT SPIES

BOOKS

Title: FUNDAMENTALS OF TRACK AND FIELD 2ND Edition

Author: CARR, GERRY

Required: Yes