

Firefighter Fitness and Conditioning II - FS146

Section: FS146 001252S Main Campus

Credit Hours: 1.00

Course Description: Continuation of FS145 Firefighter Fitness and Conditioning I; preparation of fire science students for the physical requirements needed to pass fitness tests and the demands of a career in fire service.

WHEN Start Date: 01/20/2026 End Date: 05/05/2026

Days:

TR

5:15 PM - 6:15 PM

Campus: Main Campus

Building: Fire Science Building

Room: FS137

INSTRUCTOR

RC WATSON

BOOKS

No textbooks for this course.