

Firefighter Fitness and Conditioning I - FS145

Section: FS145 003251S Main Campus

Section Type: Lecture

Credit Hours: 1.00

Course Description: Preparation of fire science students for the physical requirements needed to pass fitness tests and the demands of a career in the fire service.

WHEN

Days: T R

Times: 06:15 PM - 07:15 PM

Start Date: 08/21/2025

End Date: 12/11/2025

WHERE

Campus: Main Campus

Building: Fire Science Building

Room: FS137

INSTRUCTOR

RC WATSON

BOOKS

No textbooks for this course.