Firefighter Fitness and Conditioning I - FS145

Section: FS145 002261S Main Campus
Credit Hours: 1.00
Course Description: Preparation of fire science students for the physical requirements needed to pass fitness tests and the demands of a career in the fire service.
WHEN Start Date: 08/18/2026 End Date: 12/10/2026
Days:
TR
8:00 AM - 8:59 AM
Campus: Main Campus
Building: Fire Science Building
Room: FS137

INSTRUCTOR
RC WATSON
BOOKS
No textbooks for this course.