

Firefighter Fitness and Conditioning I - FS145

Section: FS145 001232S Main Campus

Section Type: Lecture

Credit Hours: 1.00

Course Description: Preparation of fire science students for the physical requirements needed to pass fitness tests and the demands of a career in the fire service.

WHEN

Days: T R

Times: 05:15 PM - 06:15 PM

Start Date: 01/09/2024

End Date: 04/30/2024

WHERE

Campus: Main Campus

Building: Fire Science Building

Room: FS112

INSTRUCTOR

GENERAL STAFF

BOOKS

No textbooks for this course.