Hutchinson Community College

**Career Services** 



Social Media Challenges

Posting on social media is a regular occurrence. If an interviewer checked your social media accounts, would you be denied a job? Here are some areas to consider.

## The DO's of Social Media Posting

**Think Before You Post:** Is this appropriate for a public audience? Could this negatively impact my reputation (personal or professional)? Is this accurate and truthful?

**Maintain Professionalism:** Avoid excessive slang, profanity, or overly casual language, especially if your profile is visible to employers or colleagues.

**Be Respectful and Empathetic:** Contribute to constructive conversations. Remember, what might be funny or harmless to you could be offensive to others.

Use Proper Etiquette: Avoid all caps, it's seen as shouting.

## The DON'Ts of Social Media Posting

**Don't Post When Emotional:** Posts made in anger or frustration may be regretted later.

**Don't Engage in Arguments or Trolling:** Ignore negative or provocative comments. Blocking is often the best solution.

Don't Spread Misinformation or Rumors: If you're unsure of its accuracy, don't share it.

Don't Over-Share: Be mindful of the line between private moments and public sharing.

Don't Complain About Work: No negative comments about work.

For additional support, please email me (Rick Kraus) at <u>krausr@hutchcc.edu</u> or call (620) 728-4464 to set up a time for us to visit.