#### PRACTICE PREVENTIVE HYGIENE

#### **Responsible Behavior**

Engage in responsible behavior to reduce the risk of becoming infected and infecting others. While the college might do everything in its power to control behaviors within classrooms, dorms, and other settings, individual risky behavior off campus or away from these controlled environments will inevitably undermine those efforts.

## Cleaning/Disinfection

Our Facilities Department has enhanced its disinfecting and cleaning practices across campus and is paying particular attention to high-traffic areas and high-touch fixtures such as doorknobs, light switches and handrails. They monitor soap and hand sanitizer dispensers and are refilling them as needed. If you find a station that needs to be refilled please notify a HutchCC employee with the exact location.

In classrooms we will make cleaning supplies available and encourage students to wipe down their seating area before class begins. In classrooms where computers are used, this will include the keyboard and mouse.



All individuals are expected to wear a face covering for their protection and the protection of others, especially in shared spaces. It is the goal of HutchCC to keep all of our stakeholders safe by reducing the risk of the spread of Covid-19 through vaccination, proper mask protocol and hygiene measures.

#### To prevent transmission of the virus, students and employees are encouraged to:















### WATCH FOR SYMPTOMS

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19 and should stay home and access the self-checker referenced below:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatique
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19. Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness.

Per the CDC, COVID-19 vaccines are effective at protecting you from getting sick. Based on what's known about COVID-19 vaccines, and similar to what's known about other recommended vaccines, people who are up to date with their vaccines are well protected from serious illness or other health outcomes.

### CDC SELF-CHECKER

The purpose of the Coronavirus Self-Checker is to help you make decisions about seeking appropriate medical care. This system is not intended for the diagnosis or treatment of disease, including COVID-19.

To utilize the Self-Checker, visit www.hutchcc.edu/covid-19.

## STUDENTS: STAY ENGAGED!

- Make sure to keep all of your essential school supplies (computer, textbooks, notebooks, handouts, pens, etc.) readily available in the event you need to be moved to isolation housing.
- When you are quarantined due to a close contact, your learning will switch from in-person to remote. You are expected to continue actively participating in your classes at the level prescribed by your instructors.
- Maintain communication with your instructors so they can assist you.



## WHAT TO DO IF...

#### **SYMPTOMATIC**

What to do if you have COVID-19 symptoms, but have not been around anyone diagnosed with COVID-19:

- Contact your health provider regarding testing and follow their instructions. If you do not have a medical provider, you can contact PrairieStar Health Center at 620-663-8484.
- If you need an excused absence from in-person school activities due to Covid-19, please email in to covid-19@hutchcc.edu. The first time you email, instructions will be sent to you automatically as well as a secure link to upload required documentation. Do not email documentation as it will not be accepted. After appropriate documentation is submitted, an alert of dates excused from class will be sent to instructors and necessary staff.
- Stay home except to get medical care.
- Monitor your symptoms.
- Please answer your phone when called to facilitate the local health department contact tracing process.
- Continue Hygiene Practices:
  - Separate yourself from other people in your home.
  - Clean high-touch surfaces every day.
- Wear a mask.
- Cough and sneeze into your elbow bend, then wash your hands.
- Wash your hands often and avoid touching your face.
- Don't share personal items with anyone.

#### CLOSE CONTACT

Close contact means being closer than six feet for an extended time period (usually at least 15 minutes) while the person was infectious. Close contact does not mean being more than six feet away in the same indoor environment for a long time, walking by, or briefly being in the same room.

If you have been told by a public health or other authority that you are a close contact of a laboratory confirmed case of COVID-19, you must follow their guidance and direction as it relates to guarantine and isolation.

Students should contact the Student Success Center at **covid-19@hutchcc.edu** as advised in the second bullet point above.

Students are also encouraged to notify their instructors directly.



# THE BLUE DRAGON PLEDGE

As a Blue Dragon, I am willing to make a commitment to do what's necessary to stay healthy and protect others. I will take responsibility for my own health and keep my fellow Blue Dragons safe by helping to stop the spread of COVID-19 and other infections.

I voluntarily commit to care for myself and my fellow Blue Dragons by:

- Getting vaccinated.
- Wearing an appropriate face covering and other protective gear in the proper manner.
- Maintaining appropriate social distancing.
- Monitoring for COVID-19 symptoms daily and agreeing to contact my health provider or the local health department if I experience any of the symptoms. I confirm, by my presence on campus, I have selfmonitored and I am suffering no symptoms of COVID-19.
- Washing my hands often with soap and water or using hand sanitizer.
- Being open and honest with medical professionals if I have been exposed to COVID-19 or am experiencing any symptoms.
- Staying home if I feel ill or after exposure to someone who is ill or has tested positive for COVID-19.
- Keeping my clothing, belongings, personal spaces, and shared common spaces
- Participating in COVID-19 testing and local health department contact tracing to preserve community wellness if requested.
- Following all recommended college, city, state and federal guidelines regarding COVID-19 and other infections.





## QUICK REFERENCE GUIDE

Social Worker/COVID-19 Liaison Melody Wagler 620-665-3333 or COVID-19@hutchcc.edu

Residence Halls
Dana Hinshaw
620-665-3322 or reshall@hutchcc.edu

Technical Support

<u>IT Help Desk</u>
620-665-3524 or techsupport@hutchcc.edu

Professors & Instructors
Individual instructor emails are listed in
Learning Zone on a course's Instructor Sheet

<u>HutchCC Online Ed</u> onlineed@hutchcc.edu

Local Health Resources
PrairieStar Health Center
620-663-8484

#### **Health Departments**

Hutchinson - Reno County Health Department 620-694-2900

Newton - Harvey County Health Department 316-283-1637

McPherson - McPherson County Health Department 620-241-1753

#### **DISCLAIMER**

In Kansas, a person who may have been exposed to an infectious or contagious disease by being within close proximity of an infected person is known as a contact. For COVID-19 contacts, Kansas law (L. 2020 Special Session, Ch. 1, Section 16 (h)) allows this community college to share contact information when we become aware of a confirmed case involving COVID-19 if the contact consents. For the safety of our academic community, we have adopted the policy that your use of and presence at our facilities as students, faculty and staff is your consent to our release of contact information to public health authorities. If you do not wish to provide such consent, you may opt-out by signing a written form and providing the signed form to the Student Success Center in the Parker Student Union. The opt-out consent form can be picked up at the Information Counter in Parker Student Union or www.hutchcc.edu/covid-19.

A student who desires consideration under the COVID-19 exception in Hutchinson Community College Attendance Policy 1010 must contact Student Services at COVID-19@hutchcc.edu. The student should not submit any documentation via e-mail. Student Services will advise the student on how documentation is to be submitted.

Information contained within this document is subject to change. Students should refer to www.hutchcc.edu/covid-19 and coronavirus.kdheks.gov for current information.

