

# **PRACTICE PREVENTIVE HYGIENE**

#### **Responsible Behavior**

Engage in responsible behavior to reduce the risk of becoming infected and infecting others. While the college might do everything in its power to control behaviors within classrooms, dorms, and other settings, individual risky behavior off campus or away from these controlled environments will inevitably undermine those efforts.

# Cleaning/Disinfection

Our Facilities Department has enhanced its disinfecting and cleaning practices across campus and is paying particular attention to high-traffic areas and high-touch fixtures such as doorknobs, light switches and handrails. They monitor soap and hand sanitizer dispensers and are refilling them as needed. If you find a station that needs to be refilled please notify a HutchCC employee with the exact location.

In classrooms we will make cleaning supplies available and encourage students to wipe down their seating area before class begins. In classrooms where computers are used, this will include the keyboard and mouse.

# Masks

All individuals are expected to wear a face covering for their protection and the protection of others, especially in shared spaces. It is the goal of HutchCC to keep all of our stakeholders safe by reducing the risk of the spread of Covid-19 through vaccination, proper mask protocol and hygiene measures.

# To prevent transmission of the virus, students and employees are encouraged to:





# CDC CORONAVIRUS SELF-CHECKER

CDC recommends these steps to reduce your risk of getting and spreading COVID-19:

- Get a COVID-19 vaccine as soon as you are eligible. Continue to follow the steps below every day until you are fully vaccinated.\*
- Wear a mask over your nose and mouth.\*
- Stay at least 6 feet away from people who don't live with you.\*
- Avoid crowded areas and poorly ventilated spaces.\*
- Wash your hands often with soap and water, or use hand sanitizer with at least 60% alcohol.

\*Fully vaccinated people (those at least two weeks past their final dose) can resume activities without wearing a mask or physically distancing, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance.

In the last 10 days, have you experienced any of the symptoms listed below:

- Fever or feeling feverish
- Cough
- Mild or moderate difficulty breathing
- Sore throat
- Muscle aches or body aches

- Unusual fatigue
- Headache
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

#### If you answer YES to any of the above:

- Stay home.
- Contact your health provider or PrairieStar Health Center and the Student Success Center (covid-19@hutchcc.edu), follow protocol for releasing from isolation & quarantine as prescribed, and follow the steps outlined on the next page.

# **STUDENTS: STAY ENGAGED!**

- Make sure to keep all of your essential school supplies (computer, textbooks, notebooks, handouts, pens, etc.) readily available in the event you need to stay home or, if living on campus, be moved to isolation housing.
- When you are quarantined due to a close contact, your learning will switch from in-person to remote. You are expected to continue actively participating in your classes at the level prescribed by your instructors.
- Maintain communication with your instructors so they can assist you.



# WHAT TO DO IF...

# SYMPTOMATIC

What to do if you have COVID-19 symptoms, but have not been around anyone diagnosed with COVID-19:

Contact your health provider regarding testing and follow their instructions. If you do not have a medical provider, you can contact PrairieStar Health Center at 620-663-8484.

Contact the Student Success Center at covid-19@hutchcc.edu. Please include your full name, ID number, first day of class missed and documentation from health care provider (if possible).

Stay home except to get medical care.

Monitor your symptoms.

**Please answer your phone** when called to facilitate the local health department contact tracing process.

Continue Hygiene Practices:

• Wear a mask.

 Clean high-touch surfaces every day.

• Separate yourself

your home.

from other people in

- Cough and sneeze into your elbow bend, then wash your hands.
- Wash your hands often and avoid touching your face.
- Don't share personal items with anyone.

# **CLOSE CONTACT**

Close contact means being within six feet of someone with COVID-19 for an extended time period, usually at least a combined total of 15 minutes or more over a 24 hours

period. Close contact does not mean being more than six feet away in the same indoor environment for a long time, walking by, or briefly being in the same room.

If you have been told by a public health or other authority that you are a close contact of a laboratory confirmed case of COVID-19, you must follow their guidance and direction as it relates to quarantine and isolation.

Students should contact the Student Success Center at <u>covid-19@hutchcc.edu</u> so notification can be made to their instructors. Please include your full name, ID number, first day of class missed and documentation from health care provider (if possible).

Students are also encouraged to notify their instructors directly.



# THE BLUE DRAGON PLEDGE

As a Blue Dragon, I am willing to make a commitment to do what's necessary to stay healthy and protect others. I will take responsibility for my own health and keep my fellow Blue Dragons safe by helping to stop the spread of COVID-19 and other infections.

I voluntarily commit to care for myself and my fellow Blue Dragons by:

- Getting vaccinated.
- Wearing an appropriate face covering and other protective gear in the proper manner.
- Maintaining appropriate social distancing.
- Monitoring for COVID-19 symptoms daily and agreeing to contact my health provider or the local health department if I experience any of the symptoms. I confirm, by my presence on campus, I have self-monitored and I am suffering no symptoms of COVID-19.
- Washing my hands often with soap and water or using hand sanitizer.
- Being open and honest with medical professionals if I have been exposed to COVID-19 or am experiencing any symptoms.
- Staying home if I feel ill or after exposure to someone who is ill or has tested positive for COVID-19.
- Keeping my clothing, belongings, personal spaces, and shared common spaces clean.
- Participating in COVID-19 testing and local health department contact tracing to preserve community wellness if requested.
- Following all recommended college, city, state and federal guidelines regarding COVID-19 and other infections.

# QUICK REFERENCE GUIDE

<u>COVID-19 Student Access</u> 620-665-3333 or COVID-19@hutchcc.edu

Residence Halls Dana Hinshaw 620-665-3322 or reshall@hutchcc.edu

Technical Support <u>IT Help Desk</u> 620-665-3524 or techsupport@hutchcc.edu

Professors & Instructors Individual instructor emails are listed in LearningZone on a course's Instructor Sheet HutchCC Online Ed onlineed@hutchcc.edu

Local Health Resources PrairieStar Health Center 620-663-8484

#### Health Departments

Hutchinson - Reno County Health Department 620-694-2900

Newton - Harvey County Health Department 316-283-1637

McPherson - McPherson County Health Department 620-241-1753

#### DISCLAIMER

In Kansas, a person who may have been exposed to an infectious or contagious disease by being within close proximity of an infected person is known as a contact. For COVID-19 contacts, Kansas law (L. 2020 Special Session, Ch. 1, Section 16 (h)) allows this community college to share contact information when we become aware of a confirmed case involving COVID-19 if the contact consents. For the safety of our academic community, we have adopted the policy that your use of and presence at our facilities as students, faculty and staff is your consent to our release of contact information to public health authorities. If you do not wish to provide such consent, you may opt-out by signing a written form and providing the signed form to the Student Success Center in the Parker Student Union. The opt-out consent form can be picked up at the Information Counter in Parker Student Union or www.hutchcc.edu/covid-19.

A student who desires consideration under the COVID-19 exception in Hutchinson Community College Attendance Policy 1010 must contact Student Services at COVID-19@hutchcc.edu. The student should not submit any documentation via e-mail. Student Services will advise the student on how documentation is to be submitted.

Information contained within this document is subject to change. Students should refer to www.hutchcc.edu/covid-19 and coronavirus.kdheks.gov for current information.





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