



# -HEALTHY- HUTCHCC

*Returning to Campus*

AS OF AUGUST 6, 2020





## A MESSAGE FROM THE PRESIDENT



What is normal? In reality, even before COVID-19, our world wasn't "normal". Our lives are in a state of constant change. The same can be said for higher education, our state, our world. Most of us strive for a comfortable routine and remain satisfied as long as we're able to maintain that.

As we sit here today, one thing we can be fairly certain of is COVID-19 is here and it's not going away any time soon, if at all. We will have cases. In all likelihood, many, if not most, of us have been exposed to the virus or have been around someone who has. We will be defined by how we react to it, adapt to it and move forward.

As testing for this virus continues, we should expect to see additional confirmed cases being reported within our campus community. I can assure you that our faculty and staff are wholly dedicated to ensuring a healthy campus environment. Many steps are being taken to help minimize the impacts of COVID-19. It's important we adhere to the mask mandate, practice social distancing and monitor ourselves and those around us. Please remember that mask use is mandated by Executive Order of Governor Kelly and affirmed by the Reno County Commission.

Hutchinson Community College is committed to responding to the COVID-19 pandemic with safety and the well-being of all students, employees and visitors as a top priority. If you are in need of PPE equipment such as sanitizer or a thermometer, please e-mail [COVID-19@hutchcc.edu](mailto:COVID-19@hutchcc.edu).

We will continue to monitor the information available to us and rely on recommendations from professionals at the local, state and national levels. We will make the best decisions we can based on that information. Please know that each and every one of you has my sincerest gratitude for your efforts in dealing with this ever-changing environment.

Dr. Carter L. File



# THE BLUE DRAGON PLEDGE

**As a Blue Dragon, I am willing to make a commitment to do what's necessary to stay healthy and protect others. I will take responsibility for my own health and keep my fellow Blue Dragons safe by helping to stop the spread of COVID-19 and other infections.**

I voluntarily commit to care for myself and my fellow Blue Dragons by:

- Wearing an appropriate face covering and other protective gear in the proper manner.
- Maintaining appropriate social distancing.
- Monitoring for COVID-19 symptoms daily and agreeing to contact my health provider or the local health department if I experience any of the symptoms. I confirm, by my presence on campus, I have self-monitored and I am suffering no symptoms of COVID-19.
- Washing my hands often with soap and water or using hand sanitizer.
- Being open and honest with medical professionals if I have been exposed to COVID-19 or am experiencing any symptoms.
- Staying home if I feel ill or after exposure to someone who is ill or has tested positive for COVID-19.
- Keeping my clothing, belongings, personal spaces, and shared common spaces clean.
- Participating in COVID-19 testing and local health department contact tracing to preserve community wellness if requested.
- Following all recommended college, city, state and federal guidelines regarding COVID-19 and other infections.

## WELLNESS SELF-CHECK QUESTIONS

Please review and answer each question YES or NO. You do not need to consider any chronic conditions you may have.

1. Have you been told to quarantine/isolate by a medical provider or the health department? YES or NO
2. In the last 14 days, have you had face-to-face contact for 10 minutes or more with someone who has or is suspected of having COVID-19? YES or NO
3. In the last 14 days, have you traveled to a location with a Centers' for Disease Control and Prevention (CDC) or Kansas COVID-19 travel warning? YES or NO
4. Are you experiencing a new cough, shortness of breath or difficulty breathing? YES or NO
5. In the last 48 hours, have you had at least two of the following new symptoms:
  - Fever of 100.4 or above
  - Chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
6. Was your temperature 100.4 or above this morning? YES or NO

### ***If You Answer YES to Any of the Above Questions:***

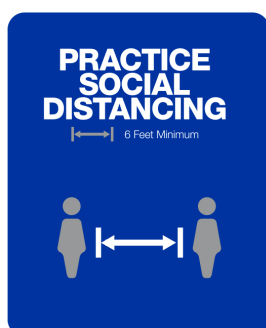
- Stay home.
- Students should contact PrairieStar Health Center at 620-663-8484 and follow the healthcare provider's directions.
- Follow protocol for releasing from isolation & quarantine as outlined on page 8.
- If you have reported symptoms, **please answer your phone** when called to facilitate the local health department contact tracing process.



## PRACTICE PREVENTIVE HYGIENE

To prevent transmission of the virus, students and employees are expected to:

- Wear a face covering as mandated by the Governor's Executive Order 2020-52 and affirmed by the Reno County Commission. Cloth masks should be washed regularly. For your comfort and safety, we recommend you provide your own mask if possible.
- Wash hands frequently and use alcohol-based sanitizer when soap and water are not available.
- Cover your mouth when coughing or sneezing.
- Practice social distancing by maintaining a distance of approximately six feet.
- Keep meetings and gathering minimal and reserved for essential activities.
- Use the stairs. If it's necessary for you to use an elevator, no more than one person should ride the elevator at a time.
- Clean frequently touched surfaces such as phones, laptops, keyboards, etc.



### Cleaning/Disinfection

Our Facilities Department has enhanced its disinfecting and cleaning practices across campus and is paying particular attention to high-traffic areas and high-touch fixtures such as doorknobs, light switches and handrails. They monitor soap and hand sanitizer dispensers and are refilling them as needed. If you find a station that needs to be refilled please notify a HutchCC employee with the exact location.

In classrooms we will make cleaning supplies available and encourage students to wipe down their seating area before class begins. In classrooms where computers are used, this will include the keyboard and mouse.

### Responsible Behavior

Engage in responsible behavior to reduce the risk of becoming infected and infecting others. While the college might do everything in its power to control behaviors within classrooms, dorms, and other settings, individual risky behavior off campus or away from these controlled environments will inevitably undermine those efforts.

## PRACTICE PREVENTIVE HYGIENE (CONTINUED)

### Masks

HutchCC mandates all students, faculty, staff and visitors wear a mask in accordance with Governor Kelly's Executive Order. HutchCC recognizes that there may be instances in which a student cannot wear a mask or may choose not to wear a mask to class. Those students will be given the opportunity to participate either in a remote session or by enrolling in an online section. It may also be necessary for the removal of masks for instructional purposes. In these cases please follow social distancing requirements and follow your instructor's directions. It is the goal of HutchCC to keep all of our stakeholders safe by reducing the risk of the spread of Covid-19.

### Self-Monitoring Responsibility

Employees and students are expected to self-monitor for symptoms daily before coming to campus. These symptoms include:

- Fever (100.4 or above) or chills
- Shortness of breath or difficulty breathing
- Cough
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Congestion or runny nose
- New loss of taste or smell
- Diarrhea
- Nausea or vomiting
- Known close contact with a person who tested positive for COVID-19.

Close contact means being closer than six feet for an extended time period (usually at least ten minutes) while the person was infectious. Close contact does not mean being more than six feet away in the same indoor environment for a long time, walking by, or briefly being in the same room.

KDHE Resource - "What to do if you think you're sick"

<https://www.coronavirus.kdheks.gov/224/What-to-do-if-you-think-youre-sick>



## SYMPTOMATIC

What to do ***if you have COVID-19 symptoms***, but have not been around anyone diagnosed with COVID-19:

- Contact your health provider regarding testing and follow their instructions.
- If you do not have a medical provider, you can contact PrairieStar Health Center at 620-663-8484.
- Stay home except to get medical care.
- Wear a mask.
- Separate yourself from other people in your home.
- Cough and sneeze into your elbow bend, then wash your hands.
- Wash your hands often and avoid touching your face.
- Clean high-touch surfaces every day.
- Don't share personal items with anyone.
- Monitor your symptoms.

## RELEASING FROM ISOLATION & QUARANTINE

If you have confirmed or suspected COVID-19 and ***have symptoms***, you can ***end home isolation when***:

- You have been fever-free for at least 72 hours without the use of fever-reducing medication AND
- Your symptoms have improved AND
- At least ten (10) days have gone by since your symptoms first appeared.

If you test positive for COVID-19, but ***have not had any symptoms***, you can ***end home isolation when***:

- At least ten (10) days have passed since the date of sample collection as long as the case remains asymptomatic.

If you have been told by a public health or other authority that ***you are a close contact of a laboratory confirmed case of COVID-19***:

- You must quarantine yourself for 14 days after your last contact with the case.

## ALTERNATE HOUSING

In the event of a suspected case, Hutchinson Community College has allocated space within its student housing for those housing students under isolation and quarantine.



## CLOSE CONTACT

If you have been told by a public health or other authority that you are a close contact of a laboratory confirmed case of COVID-19, you must quarantine yourself for 14 days after your last contact with the case.

Close contact means being closer than six feet for an extended time period (usually at least ten minutes) while the person was infectious. Close contact does **not** mean being more than six feet away in the same indoor environment for a long time, walking by, or briefly being in the same room.

Those who are under a 14-day home quarantine should not attend school, work or any other setting where they are not able to maintain about a 6-foot distance from other people. If they are able to attend settings where they can maintain this recommendation for a 6-foot distance from others, then they can attend.

An exposure to a case-related quarantine is for 14 days, starting with the day after your last contact with the case. If you do not develop symptoms of COVID-19 during your quarantine period, then you are released from quarantine at the end of the 14 days.

For questions, students should contact Brett Bright, Vice President of Student Services, COVID-19@hutchcc.edu.

## DISCLAIMER




In Kansas, a person who may have been exposed to an infectious or contagious disease by being within close proximity of an infected person is known as a contact. For COVID-19 contacts, Kansas law (L. 2020 Special Session, Ch. 1, Section 16 (h)) allows this community college to share contact information when we become aware of a confirmed case involving COVID-19 if the contact consents. For the safety of our academic community, we have adopted the policy that your use of and presence at our facilities as students, faculty and staff is your consent to our release of contact information to public health authorities. If you do not wish to provide such consent, you may opt-out by signing a written form and providing the signed form to the Student Success Center in the Parker Student Union. The opt-out consent form can be picked up at the Information Counter in Parker Student Union or [www.hutchcc.edu/covid-19](http://www.hutchcc.edu/covid-19).

A student who desires consideration under the COVID-19 exception in Hutchinson Community College Attendance Policy 1010 must contact Student Services at COVID-19@hutchcc.edu. The student should not submit any documentation via e-mail. Student Services will advise the student on how documentation is to be submitted.

Information contained within this document is subject to change and will be updated as new information is made available from state and local authorities. Students should refer to [www.hutchcc.edu/covid-19](http://www.hutchcc.edu/covid-19) and [coronavirus.kdheks.gov](http://coronavirus.kdheks.gov) for current information.



## What are the differences between social distancing, quarantine, and isolation?

	Social Distancing	Quarantine	Isolation
<b>Who is it for?</b> 	Anyone who hasn't been exposed to the disease.	People or groups who <b>don't</b> currently have symptoms but were exposed to the disease.	People who are <b>already sick</b> with the disease.
<b>What is it?</b> 	A day-to-day precautionary measure used by non-exposed people to help prevent the spread of a disease.	A prevention strategy used to monitor and separate <b>well people</b> who may have been exposed to a disease for a certain amount of time to see if they become ill. Helps prevent the spread of disease. Usually takes place in the home.	A prevention strategy used to separate people who are <b>sick</b> with an infectious disease from healthy people. Helps limit the spread of disease. Can take place in the home or hospital. Healthcare providers often send patients to home-isolation when they no longer require medical attention.
<b>When do I use it?</b> 	All the time until further direction by KDHE or the local health department.	<p>If you have recently traveled to a country or US state with widespread community transmission of COVID-19, or been on a cruise or river cruise, or if you have come into close contact with someone who has COVID-19.</p> <p>Consult the KDHE website or contact your local health department if you are unsure if you should self-quarantine.</p>	If you are waiting for COVID-19 test results, have tested positive for COVID-19, or have symptoms of the disease without a test. Contact your healthcare provider immediately if you are experiencing symptoms severe enough to seek healthcare. If symptoms are mild, stay at home and isolate away from others.

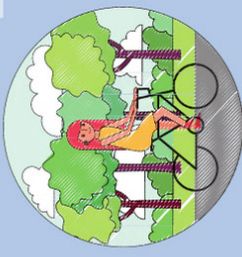
<b>How long is it for?</b> 	Indefinite until otherwise directed.	<p>14 days after your last exposure.</p> <p>Once your quarantine period has ended, if you do not have symptoms, you may return to your normal routine.</p>	<p>10 days from the beginning of symptoms OR</p> <p>72 hours after fever is gone without the use of fever reducing medicine and other symptoms have significantly improved</p> <p><b>WHICHEVER IS LONGER</b></p>
<b>What does this mean for my daily life?</b> 	<p>Avoid large gatherings and groups of over 50 people. Try your best to stay 6-feet away from people. Call or video-chat with loved ones, particularly those that are elderly or have underlying health conditions that places them at high-risk.</p> <p>If possible, work from home.</p> <p>Practice good hygiene and avoid shaking hands or touching your face.</p> <p>If you are feeling sick, stay home and if needed, call a healthcare provider.</p>	<p>Stay at home and avoid close contact with others. Do not attend school, work or any other setting where you cannot maintain about a 6-foot distance from other people. Call or video-chat loved ones.</p> <p>For food, medication, and other necessities. - have friends, family, or delivery services deliver supplies.</p> <p>Standard hygiene and precautionary measures like not sharing household items, washing your hands, and cleaning frequently touched surfaces often.</p> <p>If you are in home quarantine, monitor your symptoms and if you become ill and need medical attention call your healthcare provider.</p>	<p>Do not leave your home unless it is in an emergency. If you are in a home with others, stay in a room by yourself. Call or video-chat loved ones.</p> <p>For food, medication, and other necessities. - have friends, family, or delivery services deliver supplies. and try to stock up for the duration of the isolation.</p> <p>Standard hygiene and precautionary measures like not sharing household items, washing your hands, and cleaning frequently touched surfaces often.</p> <p>If you are in home isolation, monitor your symptoms and if you need medical attention, contact with your healthcare provider.</p>

# COLLEGE COVID-19 RISK LEVELS

All these ratings are subjective and can vary depending on social distancing, wearing masks, number of people and other factors.



Online Classes



Exercising by yourself outside



Virtual Study Groups



Playing Videogames



Grocery Shopping



Walking across Campus



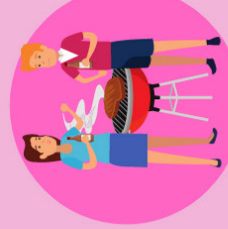
Playing Disk Golf



Small Indoor Parties



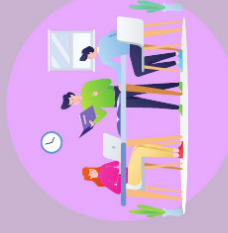
Eating at the Dining Hall



Tailgating



Going to the Rec



Studying at the Library alone or with a Friend



Large Indoor Parties



Participating in Intramurals



Communal Housing and Activities



Attending a Sporting Event

**Low**

**Low to Medium**

**Medium**

**Medium to High**

**High**

# QUICK REFERENCE

## **Vice President of Student Services**

Brett Bright

620-665-3579 or [COVID-19@hutchcc.edu](mailto:COVID-19@hutchcc.edu)

## **Residence Halls**

Dana Hinshaw

620-665-3322 or [reshall@hutchcc.edu](mailto:reshall@hutchcc.edu)

## **Technical Support**

[IT Help Desk](#)

620-665-3524 or [techsupport@hutchcc.edu](mailto:techsupport@hutchcc.edu)

[Online Ed](#)

[onlineed@hutchcc.edu](mailto:onlineed@hutchcc.edu)

## **Local Medical Resource**

PrairieStar Health Center

620-663-8484

## **Health Department**

Reno County Health Department (Hutchinson) 620-694-2900

Harvey County Health Department 316-283-1637

McPherson County Health Department 620-241-1753