WHAT ARE THE OPPORTUNITIES?
In Kansas as well as across the nation, health care services are a growing sector of the economy. Each of the following careers requires short term training which prepares students to provide specialized care for people. Many of the patients served by people in these careers are elderly. Hospitals, clinics, assisted living and long term care facilities hire individuals with this training. Hutchinson Community College provides training for the following areas:

**Certified Nurse Aide (CNA)** - CNAs provide personal care for patients in hospitals or in long term care facilities. They assist individuals with dressing, ambulation, feeding, bathing, toileting, perineal and oral care, range of motion exercises and restorative care. This position is entry level and required for many nursing careers.

**CNA Refresher** - The CNA Refresher course is designed to offer the inactive CNA an opportunity to refresh their skills and obtain current information concerning the care of the elderly in long term care. Upon completion of this course, the status of the CNA becomes “active” and individuals have the opportunity to work as CNAs again.

**Certified Medication Aide (CMA)** - This career involves passing medications to patients, performing treatments and preparing documentation. In some facilities, CMAs may perform resident care. CNA certification must be obtained prior to CMA.

**Certified Medication Aide Update (CMA Update)** - The State of Kansas requires training every two years to keep CMA certification active.

**Home Health Aide (HHA)** - HHAs provide personal care to elderly persons in their homes. They assist individuals with dressing, ambulation, feeding, bathing, toileting, perineal and oral care, range of motion exercises and restorative care. Additional responsibilities may include housekeeping, laundry, meal preparation, shopping and other services as specified by the care plan. In Kansas, individuals must become CNAs to attain HHA certification.

**Rehabilitation Aide (Rehab Aide)** - Rehab Aides assist residents with rehabilitation and range of motion exercises under the supervision of Registered Physical Therapists and/or licensed nurses. CNA certification must be obtained prior to receiving that of Rehab Aide. A number of long term care facilities request that their CNAs have this certification.

**Activity Director/Social Service Designee (AD/SSD)** - The State of Kansas has a curriculum for each of these careers. At HCC, these careers have been combined because of the similarity in curricula. In both careers, individuals must implement plans of care to improve or restore Activities of Daily Living (ADL).

**Medical Records Designee (MRD)** - MRDs maintain the accuracy and completeness of medical records in the long term care setting. In this position, the MRD must become acquainted with the residents as well as understand the importance of the position to their employer.

**Phlebotomist** - Phlebotomists perform venipunctures, capillary punctures, skin sticks and arterial punctures. They handle blood samples and test tubes and use centrifuges. Phlebotomists work with a variety of patients, some of whom are resistant to the procedures. They may work in an emergency setting or with other professionals in an emergency code setting.

**Nutrition Assistant** - A Nutrition Assistant is able to assist with feeding residents in long-term care facilities.
HEALTH CARE TRAINING & CERTIFICATIONS

WHAT IS THE EMPLOYMENT OUTLOOK?
According to the Kansas Occupational Outlook, these health care services careers are among the fastest growing occupations. This trend is consistent with the growth of the health industry. More information on these careers can be found in the Occupational Outlook Handbook (www.bls.gov/oco) and the Kansas Department of Labor (www.dol.ks.gov).

WHAT CAN I EARN IN THIS FIELD?
Entry level hourly wage ranges in South Central Kansas are listed below. Potential earnings depend on the organization and its location and an individual’s personal qualifications. Additionally, these fields are the foundation for other careers in health care.

Certified Nurse Aide $7.50 – 8.00
Certified Medication Aide $8.00 – 9.00
Home Health Aide $7.75 – 8.00
Rehabilitation Aide $7.50 – 8.50
Activity Dir./Social Service Designee $7.00 – 7.50
Medical Records Designee $8.00 – 9.00
Phlebotomist $7.50 – 8.00

WHAT KIND OF TRAINING AND EDUCATION IS AVAILABLE?
Each course involves classroom instruction offered in a four-county area in a variety of facilities, including long term care facilities, hospitals, clinics and HCC locations in Hutchinson, Newton and McPherson. Most courses involve hands-on training, with students performing skills first in a controlled environment and then with patients in long term care facilities, hospitals and clinics.

<table>
<thead>
<tr>
<th>Course</th>
<th>Classroom Instruction</th>
<th>Clinical Practice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Certified Nurse Aide</td>
<td>50 hours</td>
<td>55 hours</td>
</tr>
<tr>
<td>CNA Refresher</td>
<td>8 hours</td>
<td>7 hours</td>
</tr>
<tr>
<td>Certified Medication Aide</td>
<td>60 hours</td>
<td>30 hours</td>
</tr>
<tr>
<td>Certified Medication Aide Update</td>
<td>15 hours</td>
<td></td>
</tr>
<tr>
<td>Home Health Aide</td>
<td>30 hours</td>
<td></td>
</tr>
<tr>
<td>Rehabilitation Aide</td>
<td>30 hours (with clinical practice)</td>
<td></td>
</tr>
<tr>
<td>Activity Dir./Social Service Designee</td>
<td>75 hours</td>
<td></td>
</tr>
<tr>
<td>Medical Records Designee</td>
<td>45 hours</td>
<td></td>
</tr>
<tr>
<td>Phlebotomist</td>
<td>45 hours</td>
<td>135 hours</td>
</tr>
<tr>
<td>Nutrition Assistant</td>
<td>9 hours</td>
<td>6 hours</td>
</tr>
</tbody>
</table>

CERTIFICATION
HCC and the Kansas Department of Health and Environment require that students pass each course with 70% accuracy. Class and clinical attendance is regulated by state law. Completion of all assignments in a timely manner, written and verbal reports, exams and clinicals are required.

CNAs, CMAs, and HHAs must pass a State of Kansas exam to receive certification. The CMA is required to complete a minimum of 10 hours every two years (CMA Update) for continued certification. Phlebotomy students who successfully complete the course are eligible to take the Registry Exam with the ASCP, if desired.

HOW DO I APPLY?
1. Submit an HCC Application for Admission.
2. To qualify for CNA, CMA, HHA, and Rehab Aide, individuals must pass a reading test.
3. To qualify for CMA, HHA, and Rehab Aide, individuals must possess a CNA certificate. The CMA Update requires both CNA and CMA certificates.
4. For further information, contact Program Coordinator at 620-665-4994 or 800-289-3501 ext.4994 or visit www.hutchcc.edu/hct.